
WINNIPEG SPECIALTY MEAT PRODUCTS

CLEAR CREEK ORGANIC BEEF

subject to availability

ORB-400: Lean Ground Beef : \$14

ORB-401: Beef Patties 16 x 4 oz: \$14.50

ORB-402: Stew Beef Cubed 5 x 1lb: \$15

ORB-403: Beef Short Ribs 5 x 1lb: \$14

ORB-410: Cross Rib Roast: \$14

ORB-411: Boneless Blade Roast: \$14.50

ORB-412: Sirloin Tip Roast: \$16

ORB-413: Inside Round Roast: \$16

ORB-414: Outside Round Roast: \$16

ORB-415: Eye of Round: \$16

ORB-416: Brisket: \$16

ORB-424: Prime Rib Roast: \$25.25

ORB-425: Top Sirloin Steak: \$18

ORB-426: Striploin Steak: \$30

ORB-427: Beef Tenderloin Steak: \$42

ORB-428: Flank Steak: \$15

ORB-429: Minute Steak: \$19

ORB-430: Ribeye Steak: \$36

BEEF

Cut from top-grade, aged beef.

Trimmed and vac packed

BF-100: Beef Striploin Steak (20 x 8 oz): \$82

Aged and well trimmed for your BBQ

BF-105: Beef Ribeye Steak (20 x 8 oz): \$82

Tender and juicy, always a favourite

BF-110: Beef Tenderloin Steak (16 x 6 oz): \$96
Tender and juicy, always a favourite

BF-115: Beef Cowboy Steak (5 lb): \$34
A great tasting, flavourful steak that is also great for your budget

BF-120: Bacon-Wrapped Beef Medallions (24 x 4 oz): \$56
Tender medallions of beef wrapped in natural smoked bacon

BF-125: Beef Prime Rib Roast (2 x 4 lb): \$62
Boneless or bone in for that special occasion

BF-130: Lean Ground Beef (10 x 1 lb): \$30
Made from 85% lean beef

BF-135: Gourmet Beef Burger (30 x 5 1/3 oz): \$26
Extra-thick and juicy, all-beef burgers with our special spices

PORK

Manitoba pork at its best

PK-140: Boneless Pork Chops (16 x 6 oz): \$30
Perfectly trimmed and individually packaged

PK-145: Bacon-Wrapped Pork Medallions (24 x 4oz): \$48
Tender pieces of pork wrapped in natural smoked bacon

PK-150: Baby Back Ribs (10 lbs): \$50
Meaty back ribs, trimmed and ready for the BBQ

PK-155: Pork Loin Roast - Centre Cut (4 x 3 lbs): \$48
Boneless, trimmed and oven ready

PK-160: Pork Souvlaki (20 x 4 oz): \$36
Tender pieces of pork - seasoned on a skewer - and ready for the BBQ

CHICKEN

Always the right choice

CH-165: Boneless Chicken Breasts (4 kgs): \$41
Boneless, skinless, trimmed and individually frozen

CH-170: Chicken Souvlaki (20 x 4 oz): \$37
Tender pieces of chicken breast seasoned with souvlaki spices ideal for both BBQ and open baking

CH-175: Honey Garlic Chicken Skewers (20 x 4 oz): \$37
Marinated chicken breast pieces on a skewer, ideal for both BBQ and open baking

CH-180: Roasting Chicken (6/7 lbs): \$22 each
Naturally raised, tender and juicy chicken

BREAKFAST & OTHER SMOKED FAVOURITES

SM-185: **Hotel-Style Bacon** (5 kg): \$35
Selected lean bacon with a hint of maple

SM-190: **Breakfast Sausages** (5 kg): \$20
A beef and pork sausage featuring our special spices

SM-195: **Canadian Back Bacon** (1 kg): \$10.50
A local favourite, lean and lightly smoked

HEAT & SERVE

HS-210: **Chicken Keiv** (12 x 6 oz): \$41 box
Chicken breast stuffed with butter, chives and spices

HS-215: **Chicken Cordon Bleu** (12 x 6 oz): \$41 box
Chicken breast stuffed with cheese and ham

HS-220: **Classic Chicken Breast Strips** (2 kg): \$25 box
Seasoned and lightly breaded, oven ready

HS-225: **Honey Garlic Chicken Wings** (2 kg): \$34 box
Fully cooked, oven ready

HS-245: **Cooked Meatballs** (4.4 lb): \$22 box
Fully cooked, ready for gravy or your own special sauce

HEALTHY CHOICES

All naturally farmed, Canadian elk & bison

BISON MEAT

Elk and bison meat are lower in fat than beef, chicken, turkey and even fish! Bison is an excellent source of many nutrients, including, zinc, iron, niacin, phosphorous, Vitamin B6 and selenium.

BM-250: **Lean Ground Bison** (10 x 1 lb): \$62

BM-255: **Bison Striploin Steak** (10 x 8 oz): \$68

BM-256: **Bison Ribeye Steak** (10 x 8 oz): \$68

BM-256: **Bison Ribeye Steak** (10 x 8 oz): \$68

BM-257: **Bison Sirloin Steak** (10 x 6 oz): \$72

BM 258: **Bison Clod Roast** (4 lb ave): \$28

BM-260: **Bison Short Ribs** (5 lbs): \$28

BM-265: **Bison Burger** (30 x 5 1/3 oz): \$62

BM-270: **Bison Stew** (10 x 1 lb): \$62

ELK MEAT

Elk is the healthy red meat! Not only is elk low in fat, calories and cholesterol its high in protein and more richly flavored than beef.

EM-275: **Ground Elk** (10 x 1 lb): \$65

EM-280: **Elk Sirloin Steak** (16 x 6 oz): \$66

EM 281: **Elk Short Ribs** (5 lb): \$30

EM 282: **Elk Prime Rib** (5 lb): \$52

EM 283: **Elk Round Roast** (5 lb): \$40

EM-290: **Elk Stew** (10 x 1 lb): \$65

LAMB / GOAT

LM-300: **Lamb Loin Chops** (20 x 4 oz): \$38
Tender Spring Lamb Chops, cut thick for your B.B.Q

LM-310: **Lamb Stew** (2 x 2.5 lb): \$25
*Cut Traditional, 1 1/2 inch cubes, bone in.
Ideal for curry recipes*

LM-315: **Lamb Rack Frenched** (4 x 14 oz): \$38
No. 2 Spring Lamb Racks, ready for the oven

LM-320: **Goat Stew** (2 x 2.5 lb): \$25
*Enjoy traditional goat stew cut 1 1/2 inch squares.
Best with your favorite hot spices or curry.*